Rudra Deva … Itself within Itself …

Rudra walks Himself inside Himself. To know Rudra an aspirant has to walk Itself within itself. Even the three protector Bodhisattvas stroll this way solely. Shiva Purana

Above is the painting which relates to one of many caves of coronary heart (the state as is depicted in this painting is in the coronary heart of every aspirant)

In the state which is depicted in this portray, three developed beings are sitting they usually all are praying to the innermost essence (or Atman) of the aspirant (this is shown as an orange orb in above painting) whilst all of them sit in Padmasana with their palms folded and their heads slightly bowed down in reverence

As such since Rudra only walks "ITself Inside ITself (Himself Within Himself)", so to know Rudra the path of any aspirant cannot be some other than that which is predicated inside and upon the assertion of "Myself Within Myself"